

# Chunky Tomato Dressing

Prep Time: 6 minutes

## Chunky Tomato Dressing Recipe:

1/2 cup distilled water  
1/2 cup cold-pressed extra virgin olive oil  
2 garlic cloves (peeled)  
1 teaspoon ground celery seed  
1/4 teaspoon cayenne pepper  
1 tablespoon minced red onion  
1 teaspoon dried oregano  
2 tablespoon hulled (white) sesame seeds  
1/4 cup ripe (red or yellow) bell pepper, chopped  
1/4 cup celery leaves  
1 large ripe tomato, peeled and chopped into small bite-size pieces  
Celtic Sea Salt to taste (optional)

## Instructions:

Place all ingredients except tomato in blender and process until smooth. When blended pour into container and fold in chopped tomato.

## Variations:

May include 1/4 of the tomato in blended ingredients, if desired.

We get our produce from:



[www.freggies.com](http://www.freggies.com)

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