

Italian Salad Dressing

Prep Time: 3 minutes

Italian Salad Dressing Recipe:

1/4 cup Raw Apple Cider Vinegar

3 tbsp distilled water

2 heaping tbsp Italian seasoning

1/2 cup extra virgin olive oil

Instructions:

Add vinegar, water & seasoning and shake until well blended. Add oil and shake again until well blended.

We get our produce from:



www.freggies.com

For more information on eating and living healthy, visit: www.hope4health.org