

Banana Boats

Prep Time: 5 minutes not including cooking time

Banana Boats Recipe:

Bananas

Vegan carob chips

Chopped walnuts

Shredded coconut

Any other topping that you desire

Instructions:

Set oven to 400 degrees. Peel 1/4 of the banana peel back. Slice out about 1/3 of the inside in a 'V' shape length wise. Put toppings in what was carved out. Press down so that toppings are flat with the rest of the banana. Place the peel back in place. Put in a baking dish and cover with tin foil. Place in the oven for 30 mins or so.

We get our produce from:



www.freggies.com

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